



Academic coaching in medical education



AMA Coaching Summit: Empowering learners and educators through coaching

Join us for the inaugural **AMA Coaching Summit: Empowering learners and educators through coaching**, Aug. 13-14, 2026, in Chicago, Illinois. This national conference will highlight how coaching transforms medical education through innovation, evidence and collaboration.

Featuring breakout sessions, workshops and poster presentations, the AMA Coaching Summit is designed for physicians, educators, learners, academic leaders and health systems stakeholders across the continuum of medical education. During the Summit presenters from undergraduate and graduate medical education, as well as continuing professional development, will share their knowledge of coaching—both from the perspective of the **coach** and the **coachee**.

The AMA Coaching Summit will address the following priority areas in coaching:

- Coaching across the medical education continuum (UME, GME and CPD)
- Innovative models and frameworks for coaching
- Faculty development and capacity building
- Leveraging coaching to achieve optimal learner outcomes and well-being
- Evidence, scholarship and outcomes in coaching
- Technology and AI-enabled approaches to coaching

Registration is now closed. Learn more about our coaching resources.

2026 Academic Coaching Implementation Workshop

Call for applications is now closed.

This workshop helps equip leaders and educators, who have (or anticipate having) significant responsibility for developing and implementing coaching programs in undergraduate or graduate medical education, with the knowledge and skills needed to implement, refine and evaluate a successful program. Participants join a community of academic faculty with similar interests from across the country to learn, network and share information. To encourage the development of coaching programs at their institutions, the AMA covers the costs of the workshop for participants.

View a directory (PDF) of 2026 participants.



View a directory (PDF) of 2025 participants.

View a directory (PDF) of 2024 participants.

Coaching in GME Medical Education Faculty Handbook



The AMA ChangeMedEd® initiative published Coaching in Graduate Medical Education—A Faculty Handbook, the third in the AMA's series of books focused on coaching. Inspired by a need for a repository of best practices and recommendations for creating coaching programs in graduate medical education (GME), the handbook presents the work of experts inside and outside of ChangeMedEd who have implemented coaching programs in GME at their own institutions.

From envisioning goals for a new program, planning logistics, and preparing faculty and learners, the authors of this handbook's chapters have used their own coaching program expertise and understanding of the literature to create a practical resource that is generalizable to the broader community.

Download the free handbook now.

Learn more: To implement coaching in GME, look to those who've done it

What is academic coaching?

While long used in the business world, and more recently in physician circles, coaching is relatively new to the medical trainee world. An academic coach is a person assigned to facilitate learners achieving their fullest potential.

Coaches evaluate the performance of medical students via review of objective assessments, assisting the student to identify needs and create a plan to achieve these, and helping the student be accountable. Coaches help students improve their own self-monitoring, while fostering the idea that coaching will benefit them throughout their medical careers.



How does a learner benefit from coaching in medicine?

Coaching is a unique relationship, and it is vital to acknowledge responsibilities as students/residents in maximizing a coaching relationship. Coaching is a coachee-driven, problem-solving, performance-based relationship focused on the development of the coachee.

The goals of coaching are to reflect on successes and challenges, create goals, problem-solve barriers, identify resources and develop and execute a plan.

Academic Coachee Video Learning Series

If you are a medical student getting ready to meet with your academic coach, the AMA Academic Coachee Video Learning Series will show you how to build a relationship with your medical school coach and how to maximize an academic coaching relationship. In the series you will learn how meeting preparation and meeting management facilitate a better coaching experience.

You will also learn about effective communication with your coach and the values that establish a meaningful coaching relationship. Watch the video series.

Coaching in MedEd video series

Today's medical school coaching programs focus on a wide variety of individualized goals, including professional identity formation and academic performance, while strengthening skills such as community building, leadership, lifelong learning and more.

Nine coaching video modules were developed to support greater understanding of the competencies, skills and approaches used by academic coaches. They can be implemented as a component of a comprehensive coaching curriculum for training coaches. The videos illustrate coaching competencies and include examples of coaching by inexperienced and experienced coaches. The modules for the Academic Coaching in Med Ed video series may be accessed for free on the AMA YouTube channel and on the AMA Ed Hub™.



Coaching in MedEd video series: Coaching basics

AMA Ed Hub™

- Coaching Basics
- Relationship Building
- Portfolio Coaching
- Skills Coaching
- Well-being Coaching
- Coaching the struggling learner
- Coaching the excelling learner
- Coaching the disengaged learner
- Appreciative inquiry model

Coaching in Medical Education book, now available





Today's medical school coaching programs integrate a wide variety of personalized goals—including professional identity formation and academic performance—as well as community building, leadership and lifelong learning skills, clinical skills development and more.

Coaching in Medical Education, part of the American Medical Association's MedEd Innovation Series, is a first-of-its-kind, instructor-focused field book that equips educators to coach all learners and run an effective coaching program, increasing the likelihood of learner (and thus physician) success.

Purchase now.

Facilitating Effective Transitions Along the Medical Education Continuum handbook



The AMA Accelerating Change in Medical Education Consortium (now renamed the ChangeMedEd Consortium) in conjunction with experts at Wayne State University School of Medicine, the Spencer Fox Eccles School of Medicine at the University of Utah, and the University of Michigan Medical School has published a new coaching guide for learners and educators navigating each stage of medical training.

The Facilitating Effective Transitions Along the Medical Education Continuum handbook takes a deep dive into the needs of learners along the continuum of medical education—from the beginning of medical school through the final stage of residency.

A coachee handbook for students



"It Takes Two: A Guide to Being a Good Coachee" provides guidance on how get the most out of a coaching relationship, including how your coach can develop you as a master adaptive learner, how to use coaching throughout training and how coaching can help you build successful personal learning networks.

Access the AMA's coaching in medical education toolkit to learn more and get the most out of the coaching process.

Additional opportunities to get involved with ChangeMedEd